



# And Also With You

AUGUST 2014

Grace Anglican Church 817 Estella Drive Fairhope, Alabama 36532  
251-929-1606 www.graceanglicanfairhope.com

## AUGUST

### SUNDAYS

10:00 am  
Worship  
(nursery provided)

Kids's Chapel  
6:30 pm  
The Union's  
Worship

### MONDAYS

6:30 pm  
Graham Cooke  
Group-455-5940

### WEDNESDAYS

10:30 am  
Women's Bible  
Study-990-2973

12:00 noon  
Holy Communion

### FRIDAYS

8:15 am  
Men's Group-  
422-3169

## CHALICE BEARERS

**August 3**  
Bob and Jane  
Grafe

**August 10**  
Jan Bogue  
Becky Johnson

**August 17**  
Susan Jones  
Maggie Rockett

**August 24**  
Janic Terry  
Kitty Barksdale

**August 31**  
Jane and Bob  
Grafe

## What I Learned From Shoulder Surgery #2



The Reverend Scott Davis

As many of you know I had my second rotator cuff surgery in February. The surgery is not complicated but the shoulder is and therefore it takes time to heal.

Physical therapy (PT) begins two days after surgery. The purpose of PT is to manipulate the shoulder and arm so that agility and movement can be restored and so that the arm does not freeze up in a guarded position.

The doctor warns that if a patient fudges on PT and instead chooses to guard and protect the surgical arm then they run the risk of losing the use of it. He then

warns that if the patient does not actively engage in exercise within the first four to six weeks, he will have to radically manipulate the arm under anesthetic. He says, and I quote, "The arm will be angry when it wakes up." The doctor tells the patient that they really do not want to go that route because the doctor knows that the patient will literally lose the use of their arm if the arm is left guarded and protected rather than moved and manipulated.

The same is true with repentance. The Gospels begin with repentance as John the Baptist's key theme. Once John is arrest-



ed Jesus takes up the message and continues to proclaim repentance. Both John and Jesus know that repentance is the key to the lock of the Kingdom. If you are teaching fourth graders about repentance you might describe it as a driving term. Repentance is when your destination is New York but you discover that the highway you are on is taking you instead to St. Louis. You repent. You make a U turn and head back toward New York. The same is true concerning our eternal destination. As we travel the road to life we

end up at times on the wrong road. Instead of heading toward God and heaven we end up (and some faster than others) on the road toward death and destruction. This is why John and Jesus both cry, "U turn!" They

know that our greatest blessings lie in turning around and that our demise is continuing on straight ahead.

Repentance and rotator cuff surgery are similar to this degree. If we will judge ourselves and repent along the way it is like the patient who begins PT soon after surgery. It is not convenient, fun, nor cheap but in the long run it is the fastest and best way for a shoulder to heal. The longer we wait to change directions, the more difficult and costly the trip.

A friend told me of their rotator cuff recovery experience. This person's shoulder had frozen up and to avoid going under

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**Shoulder Surgery #2** from page 1

anesthesia the friend tied a rope to her wrist and a tennis ball to the other end of the rope. She then threw the rope over a rafter and would pull the rope up and down while crying as her arm moved in response to the rope. She said that it was incredibly painful but she knew that if she did not take these extreme measures then she would lose the use of her arm. If we choose to not judge ourselves then the Divine Physician has to take more extreme measures to protect our lives and destinies. The Lord does not cause difficult circumstances (that is the enemy's department), yet I wonder if God does not allow bits and pieces of



what hell desires to throw at us to begin making our life uncomfortable enough so that U turn looks more and more appealing rather than the end result if we stayed on the current trajectory. I also wonder that if a person does not respond to the speed bumps in life if God then allows more and more bumps to come our way so that we do not lose out on what He is offering us.

I Corinthians 11:31-32 says, "But if we judged ourselves, we would not come under judgment. When we are judged by the Lord, we are being disciplined so that we will not be condemned with the

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world." I think living in a state of repentance is basic to our sanctification. If we can catch our own mistakes then we do not need Him or others to point them out. Remember, small errors only need small corrections while large errors require large corrections.

One final thought comes from Romans 2:4 which reminds us that it is the kindness of the Lord that brings about repentance. Blessings are meant to bring us back to Him. U turns because of blessings are much better than U turns because of pot holes

Blessings,  
Father Scott +

the  
**Union**

Meets  
Sun-  
days

at 6:30pm at Grace. If you miss Sunday morning try Sunday night! Nursery and Kids' Chapel available.

“Today is a good day for a good day.”

Happy Birthday!

August 2–Jane Grafe  
August 5–Craig Williams  
August 10–Arlene Temple  
August 20–Becky Castellano  
August 17–Shirley Jordan  
August 31–Jackie Isaacss



Last month there was information about Jeremy and Tina Skinner's call to mission work in Indonesia. There will be more information in the October "And Also With You". However, if you would like to find out more information ahead of time about what God is calling them to do then go to: [www.skinners2indo.com](http://www.skinners2indo.com).



Jeremy  
is the son of Karen and Wick Skinner. Tina and Jeremy are expecting their first child any week now and they live in the Chicago, Illinois area.